

Food Lesson #1 Single Page Recipe (by Peggy Perry Anderson)

In the book The Seven Silly Eaters the children come up with an accidental and unusual recipe. Have the students list the ingredients and the process for making the special cake.

Then have them write a recipe in steps for one of their own favorite foods. Have them glue the recipe to the middle of a much larger piece of drawing paper. Then let them illustrate the steps or ingredients around the recipe.

Compare the shapes, colors, values and textures of different kinds of ingredients for recipes.

Pass Objectives:

- 1.2 Using lines, shapes, color, value, texture
- 2.2 Connecting visual art with literary art
- 1.1 Art vocabulary: line, shape, color, texture, illustration
- 1.2 Color theory: find vegetables and fruits that are primary and secondary colors

Supplies: Large drawing paper, smaller writing paper, glue, pencils, crayons or markers, examples of fruit or vegetables or spices

Food Lesson #2 A Rainbow of Food (by Peggy Perry Anderson)

Focus: Learning about murals and color theory

Pass Objectives:

- 1.2 using lines, shapes, color, value, texture
- 2.2 connecting visual art with literary art
- 1.1 art vocabulary: line, shape, color, texture, mural
- 1.2 color theory: find vegetables, fruits and foods that are primary and secondary colors; learning the order of the rainbow colors; learning that primary colors mixed make the secondary colors

- 4.2 cooperating with one another to create a rainbow mural and respecting the artwork of others

Supplies: Piece of drawing paper for each student. Samples of a *variety* (a principle of art) of fruits and vegetables the colors in the rainbow, crayons or markers or paint, a large sheet of butcher paper, scissors and glue.

Discuss the food aspect of the book The Seven Silly Eaters. Teach the term *mural*. Students will divide up into groups red, orange, yellow, green, blue, indigo, violet. Each student will then draw and color a food the color of their group. After cutting out each drawing, students will glue them in a rainbow shape onto the large butcher paper creating a rainbow of food. Students will demonstrate care and respect of each others work while assembling the mural.

Food Lesson #3 Step by Step Recipe (by Peggy Perry Anderson)

Use the same approach as Food Lesson #1 but have children illustrate the steps in their recipe on individual pages so they can be compile into their own recipe booklet.

Pass Objectives:

- 1.2 using lines, shapes, color, value, texture
- 2.2 connecting visual art with literary art
- 1.1 art vocabulary: line, shape, color, texture, illustration
- 1.2 color theory: find vegetables and fruits that are primary and secondary colors
- 4.2 respecting the artwork of others as they share their booklets

Supplies: Choice of medium, 9"x12" paper folded to create a book (enough for a page for each ingredient and step in the recipe).