

Lesson Plan: Attitude Adjustments - A lesson from *Rain!*

- Overview

In *Rain!* by Linda Ashman, illustrated by Christian Robinson, two people experience the same rain storm in the same city in two very different ways. It's all a matter of attitude and perspective. In this introspective lesson, students will examine their own attitudes toward a variety of situations and learn to look for the positive.

- Resources & Preparation

- Materials and Technology
 - The book, *Rain!* by Linda Ashman
 - White board, markers
 - Paper and writing utensils

- Instructional Plan

- Student Objectives:
 - Examine situations in which things have not gone perfectly
 - Come up with at least 3 positive things about that situation.
 - Write and illustrate a paragraph about that event.
1. Talk about rain storms as a class. On the board, list “good” and “bad” things about rainy days. Did students come up with more good things or bad things? Discuss.
 2. Read *Rain!* by Linda Ashman together as a class.
 3. Discuss the differences between the old man and the little boy. Who do you think has more fun? Which would you rather be?
 4. Tell the students it's up to them what kind of attitude they'd like to have. It's up to them to look for the positive in any situation.
 5. As a class or in small groups, have the students take turns thinking of things they don't particularly like (going to the dentist, boring trips to the grocery store, long car rides, waiting in line – the list goes on). Work together to brainstorm at least 3 positive things about each situation.
 6. Have students write out their lists: “The next time I have to _____, I will try to remember 1. _____ 2. _____ 3. _____”
 7. Have students to finish off their assignment with an illustration of their event.

- Additional Resources

- Bob Ross on mistakes: <https://youtu.be/wCsO56kWwTc>
- Mr. Rogers, “Look for the Helpers”: https://youtu.be/-LGHtc_D328
- “The Glad Game” scenes from Pollyanna: <https://youtu.be/Zcm3aGNybb4>, <https://youtu.be/1Ihxyf7A1hg>