

Lesson Plan: Kindness

- Overview

Students will be challenged to spread kindness by observing needs around the school, similar to the character Sally in *The Smallest Girl in the Smallest Grade*. They will then participate in small acts of kindness.

- Resources & Preparation

- The book *The Smallest Girl in the Smallest Grade* by Justin Roberts, illustrated by Christian Robinson
- Kindness Bingo worksheet
- Smile-o-gram cards, cut out
- Journal worksheet or classroom journals
- Pencils, colored pencils and crayons

- Instructional Plan

- Student Objectives:

- Students will observe needs in their school community and have the opportunity to spread kindness. Additionally, they will have the opportunity to write about their experiences.

1. Read *The Smallest Girl in the Smallest Grade* by Justin Roberts, illustrated by Christian Robinson.
2. As a class, discuss opportunities students have observed to spread kindness.
3. Discuss Kindness bingo. Explain the rules for a completed bingo sheet i.e.; boxes filled in across, up and down, or diagonally.
4. Students will receive kindness bingo sheet.
5. Hand out smile-o-grams or create a station for the slips to be kept.
6. Challenge students to give friends, custodians, lunch workers, teachers, etc. these short acknowledgments for what they do for the school.
7. Give students journal page with short writing prompts. Options include: Describe a friend. Describe a time you have experienced kindness. Did you give out a smile-o-gram? How did that make your friend feel? Did you receive a smile-o-gram? How did that make you feel?

- Additional Resources

https://www.effectiveteaching.com/userfiles/kcfinder/files/29_Happy_Grams.pdf

<https://www.teacherspayteachers.com/FreeDownload/Kindness-Bingo-kindnessnation-2419415>

Name _____

Date _____



Handwriting practice lines consisting of multiple sets of three horizontal lines: a solid top line, a dashed middle line, and a solid bottom line.