

You were absolutely great today
I'm actually quite impressed
That you handled it all so beautifully
You really did your best!

When your boss did the thing
That one thing you detest
And the customers you must deal with
Oh, my goodness- so much stress!

You did not snap or blow your top
For that you deserve a treat
You were nice to almost everyone
Aren't you just too sweet!

When the commute to work tried your nerves
A fit you did not pitch
Though people don't signal turns anymore
And traffic was a...really difficult part of your day.

You made nary a peep today
When eating lunch at noon
When someone microwaved their fish
And stunk up the break room.

Then when you came home and saw the house
When it was such a wreck
You didn't scream or curse or flail
Or wring anyone's neck.

You may have wanted to bang your head
Against the kitchen wall
But you persevered and we're proud of you
For getting through it all.

And now it's time to go to sleep
You really need to rest
It bears repeating we're proud of you
For doing your very best.