

Books To Treasure 2024 Sophie Blackall

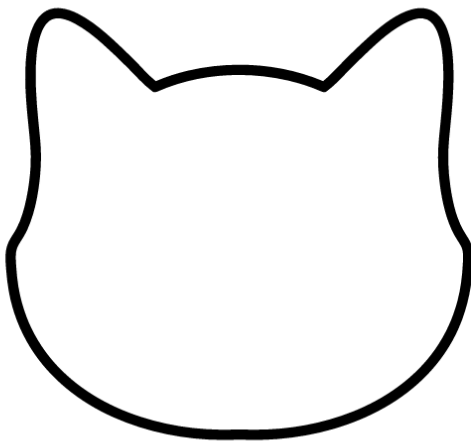
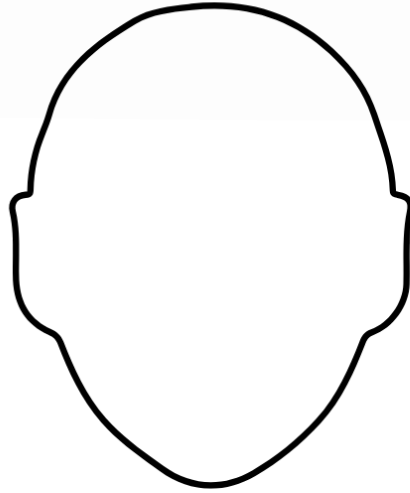
- Lesson starter title: Drawing Feelings
- Book the lesson starter uses: *Negative Cat* by Sophie Blackall
- Description: *Negative Cat* is a book about expectations and how sometimes they don't always mix with reality. Use this book to talk about how to manage our emotions when things don't work out as expected.
- What to work on with *Negative Cat*:
 - Emotional identification
 - How do each of the characters feel? Sophie Blackall's characters have very expressive faces and body language.
 - Try doing a picture walk before reading this story and ask how each of the characters is feeling. Ask how they know each of the characters feels that way.
 - Discuss features of an excited, happy, and joyous person
 - Each of those words are similar but are there differences between our body language and facial expressions that we can identify between those words?
 - For example: A happy person might be smiling but not jumping up and down with excitement. An excited person might yell and clap but might not be quietly happy or giggly like a joyous person. Note subtle differences between different emotions.
 - Discuss features of an upset, angry, negative person
 - Each of those words are similar but are there differences between our body language and facial expressions that we can identify between those words?
 - Same as example above: an angry person might scowl and have standoffish body language, an upset person might cry or look crestfallen, a negative person might be more apathetic
 - Have students draw their interpretation of different emotional features with the prompts on the worksheet...
- Use This!:

Name :

DRAWING FEELINGS

Directions: Read the sentence, draw the emotions in the space provided.

All you ever wanted was a cat and after 427 days, your parents finally say yes. Draw how you feel.



Your cat isn't feeling their new living situation. Not excited, surprised, ticklish, or happy. Draw how your cat feels.

You and your cat love reading together. Draw how you and your cat feel about reading and sharing books with each other.

